

JUNIOR DEVELOPMENT

Our programs give your child the introduction to a sport that they can carry with them for a lifetime

Our programs are created for children who have some previous experience

The programs are designed to develop

- Basic tennis movements, hand-eye coordination, balance and beginning techniques
- Fundamentals of grips, stroke patterns, and timing
- An understanding of scoring and rules of the game
- Sound strokes through fundamental training, repetitive drills on ground strokes, serves, and net play
- Tennis etiquette, fair play, and good sportsmanship

Our programs are designed to develop junior tournament players through the use of high-intensity drills, advanced movement, spins, and match strategy

Andrew Kapoor, Shivani Patel, Lisa



Anca Cracuin learned their love of tennis in our programs

FOCUS ON FITNESS

Every Monday Thursday and Friday:

	4:30PM to 6:00PM
YDFH	6:00PM to 7:30PM
6HR	May 2–May 30
Se o 2	June 2–June 30
3	July 1–July 29
	Aug 4–Aug 29
Se o 5	Sept 1–Sept 30

Every Tuesday and Wednesday:

Teen	4:30PM to 5:30PM
eginner	5:30PM to 6:30PM

Every Saturday:

Beginner	10:00AM to 11:00AM	11:00AM to 12:00PM
Teen	10:00AM to 11:00AM	11:00AM to 12:00PM
Session 1	May 3–May 31	
Se o 2	June 1–June 29	
Se o 3	July 2–July 30	
Session 4	Aug 2–Aug 31	
Session 5	Sept 1–Sept 29	



CLUB TOURNAMENTS

We run many tournaments throughout the summer season. Please call our club house or visit our website (www.sctennisclub.com) for updates.

CLUB PROFESSIONAL

02

Rasim has many years of international teaching and coaching experience. Having spent over 20 years as McMaster University's Head Tennis Coach, he has worked with top-performing teams and is well practiced at helping high-performance athletes to improve their skills.

Certified by the United States Professional Tennis Association (USPTA) and endorsed and recognized by United States Tennis Association (USTA) as an Elite Professional.

